

# PIOC

## ACTIVITY SIGN-UP SHEET

<b>Description of Activity:</b>	<b>Date :</b>
	<b>Time:</b>

**TRIP INFORMATION (Location):**

### Release and Waiver

**Participants Acceptance of Risks:** PIOC is a social/recreational club operated by volunteer members. All activities are conducted in a manner respecting the natural environment and the emphasis is on the safety and enjoyment of each participant. Outdoor activities have a certain inherent and recognized risk involved and it is expected that participants are normally healthy individuals who possess the physical ability to participate in the activity. It is understood that an individual's selection of the activity takes these risks into account and their participation assumes acceptance of these risks. Persons under the age of 18 years must be accompanied by an adult and are to be under the care and supervision of that adult while participating in the activity.

**Please print clearly**

	Name	Are you a <u>Member</u> Yes / No	Signature	Emergency Contact	
			Acknowledges that you have read, understood and agree to the above statement.	Name	Telephone
<b>Leader</b>					
<b>Co-Leader</b>					
03					
04					
05					
06					
07					
08					
09					
10					